

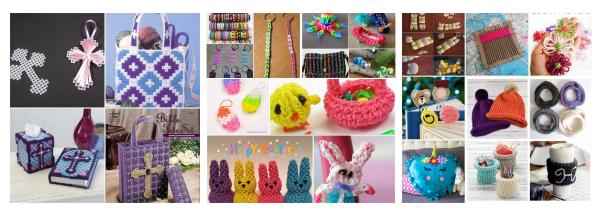
Guidelines / Rules

Must use what you already have at home. No purchasing of supplies will be accepted! Sign up

- + Must include name, grade, phone number/email, home address, and the categories you want to sign up for
- +Can sign up for 3 categories max. and can submit up to 3 items in each category
- +Everything must be submitted via email as a video showing what and how you made it
- +Hymns, music and singing must include the name of the hymn, song or music piece
- +Writing must not exceed the number of pages and must include citations for your sources
- +Due date will be Friday April 24th, 2020 at 8pm
- +Results will be announced soon

1-Craft, Beads and Needle Arts

- +Use any material you have at home to create a craft related to spring/resurrection theme (construction paper, magazine paper, toilet paper rolls, coins, bottles, cotton balls,...)
- +you may use any beads, buttons, seashells, rainbow loom bands to create a simple piece of jewelry, key chain or fancy masterpiece.
- +Needlework you may use a pattern or free hand anything from: crochet (hat, scarf or Amumigrammi), loom, knitting, hand embroidery, punch needle hand free or machine sewing (use any fabric you have at home or recycle old small garments).



*submit work to st.demiana.crafts@gmail.com

2-Spiritual songs (traneem), Coptic hymns, and music



*You can sign up for 1 or 2 things in this category.

Eg: hymns and spiritual songs, or playing an instrumental piece of music and singing

*The video recording should be 3 minutes or less. **Any videos longer than 3** minutes and 15 seconds will not be entered.

*coptic hymns example "Any psalm of the hours of Baskha, 4th canticle, Evlogemenos, the whole hymn of Golgotha, Fai etaf enf, long hymn of Ekherstos Anisty.

- *You can play cymbals or triangle if you have it at home
- *Spiritual songs should be for Resurrection

(Arabic or English)

- *Play any instrument you like if you have them at home.
- *submit work to st.demiana.music@gmail.com

3-Legos and Maquette

- Construct the inside structure of a church (churches are in the shape of cross, Noah's arch or Tabernacle)
- Use up to 700 lego pieces. Base not to exceed 15x15 inch. Minimum structure should demonstrate the alter, and benches.





Maquette

- Build a diorama that represent one of the major events of the holy week (Palm Sunday, covenant Thursday, Jesus at Gethsemane,...)
- use a shoebox, cupboards, cutouts from magazines. Rocks, twigs, leaves from your backyard may be used in addition to any craft materials available <u>at home</u>. You can build elements with paper mâché or origami.



*Submit work to st.demiana.legos@gmail.com



4-Drawing and Painting



*use your imagination to create and utilize what you have at home.

No need to buy anything!

You may use paint crayons, markers, colored pencils, or any other types of color as long as you have it at home.

*All coloring pages will be accepted as long as it goes with

the resurrection feast, holy week & spring theme *Any type of paper or canvas will be accepted.

*inspiring video:

https://m.youtube.com/watch?v=xSsdnC896pU

*submit work to st.demiana.art@gmail.com

5-Reading and writing:

Here is a great opportunity to share your talent with us! You will write about something you read that really touched your heart or made you think. The goal is share what you learned so that others will be encouraged to read and benefit from it.

So what are the guidelines?

- It will be a summary of a book or an article that you've read.
- 2. The book can be religious, scientific, or a non-fiction story. Please, submit the name of the book or article prior to writing. If you don't have anything in mind, Taunte Inas can help you find a book.
- 3. The emphasis is on sharing with others what you learned and how it has helped you.
- 4. **You are creative**, so please use your own words; no copy and paste (plagiarism will result in disqualification).
- 5. Identify the book or article you read and the writer, as well as where you found the book or article.
- 6. Please, submit your typed report using "Times New Roman" font, size 12, double spaced. For those who cannot type, please write clearly in neat handwriting using blue or black ink.
- 7. It can be between 1-5 typed pages, double spaced.

Winners will have their report posted on the church's website.

We look forward to receiving your articles or reports!!

*Submit your work to st.demiana.writing@gmail.com

