The Great Fast - Week 5 - The Last Supper

Objective:

Learn that our Lord Jesus is the One who taught us to take Communion and what Communion is.

Memory verse:

"Take, eat, this is My body" Matthew 26:26

Reference:

Matthew 26:26-29, John 13: 5&34

Introduction:

Ask the children what happens at the end of the Liturgy? Ask them who took Communion (Eucharist) today? Who gives us Communion (Eucharist)? How do we need to stand and behave while waiting for Abouna to give us Communion (Eucharist)?

Lesson Outline:

The day before Jesus was on the cross, He had a special dinner with his twelve disciples (friends). First,

He put water in a little tub and washed His friends' feet and dried them with a towel. This was to show them how much He loved them. He also told them that He wants everyone to love one another like He loves us. Then, Jesus took a loaf of bread and gave thanks and blessed it. He broke the bread and gave it to each of His disciples and said: "Take, eat, this is My body." Then, He took a cup of wine, and He also gave thanks and blessed it and He told them: "Drink from it all of you, for this is My Blood." He told His disciples, He was giving His Body and Blood so that all our sins (anything bad we did) would be forgiven. He also told them (and us) to do the same again and remember Him. This is why, we do the same here at our church, and the priest gives us the Body and Blood of Jesus in Communion.

Conclusion:

We should come to church early and pray during the Liturgy to get ready to take Communion. Taking Communion (Eucharist) means, Jesus Himself comes into our hearts. We have to remember to say a little prayer after Communion to thank Jesus for coming into our hearts. If Jesus is in our hearts now, we must remember how much He loves us. We love Him too and want Him to be happy in our hearts when we love everyone around us like He does.

Application:

Bring the cloth (lefafa) used when we take the Body in Communion and teach the children how to hold it on their right hand, to cover their mouths, then to return it to its proper place. Teach them that it is very important not to drop any piece, to keep their mouths closed while chewing, to not put their fingers in their mouths, and to finish swallowing everything before they drink the water (since that can cause some parts of the Communion to fall in the water cup while they are drinking).

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